

**Drill Number**

10

**Min Age Group:**

U7

**Min # of Players**

8

**Drill Name**

Don't Crash

**Min Time Required**

10

**Description**

Setup:

Square grid about 15x15 with players divided evenly to each corner. The diagonal players are teams.

Description:

Begin with a ball at each corner. On whistle players with balls dribble to the opposite diagonal corner (avoiding crashing in the center) and pass to their teammate when close. The team who has everyone dribble 2-3 times first, wins.

**Coaching Points**

**Dribbling**

**Footwork**

**Shielding**

**Passing**

**Receiving**

**Defending**

**Tackling**

**Finishing Tech**

**Throw-ins**

**Aggressiveness**

**Conditioning**

**Spacing Concepts**

**Tactics**

**Goalkeeper**

**Settling the Ball**

