

Drill Number

42

Min Age Group:

U7

Min # of Players

4

Drill Name

Soccer Marbles

Min Time Required

15

Description

Setup:

Use disk cones to make a square that is about 10 to 15 yards across, depending on the age and number of players.

Description:

Each player has a ball. Players try to pass their ball into other player's balls to knock the balls out of the square. The first player to reach 4 points is the winner (or 3, or you pick the number, or for U-6 don't keep score). Players get one point for each ball they knock out (U-8 and older; for U-6 don't keep score). Players lose one point if they scratch (their ball goes out of the square without touching another ball.)

A player can only knock out another player once in a game.

If a player's ball is knocked out he comes back into the game and continues to play.

Players can only kick the ball using the inside of the foot. This is so the balls stay on the ground. Don't apply this rule to U-6 if you think it is not necessary.

Coaching Points

Dribbling

Footwork

Shielding

Passing

Receiving

Defending

Tackling

Finishing Tech

Throw-ins

Aggressiveness

Conditioning

Spacing Concepts

Tactics

Goalkeeper

Settling the Ball

