

**Drill Number**

76

**Min Age Group:**

U9

**Min # of Players**

6

**Drill Name**

Two Team Keep Away

**Min Time Required**

10

**Description**

Setup:

Use cones to outline a 20x30 field. Divide into 2 teams. Have the teams start on opposite sides of the field.

Description:

Give each team 1 ball for every 2 1/2 to 3 players (e.g., 5 players per side get 2 balls). If there are 4 per side, you can let one team start with 2 balls and the other team with one ball.

On "Go", each team tries to keep their balls and steal the other team's balls

The team with the most balls at the end of 2 minutes wins.

If a ball goes "out of bounds", play it in with feet or throw in (the coach decides which for each game).

Play three 2-minute games. If necessary, after each game, even up the teams so they are competitive.

**Coaching Points**

Players with the ball should work in pairs or 3s

If a player has a ball but no "support", he should call someone by name to come to support him

**Dribbling**

**Footwork**

**Shielding**

**Passing**

**Receiving**

**Defending**

**Tackling**

**Finishing Tech**

**Throw-ins**

**Aggressiveness**

**Conditioning**

**Spacing Concepts**

**Tactics**

**Goalkeeper**

**Settling the Ball**

